



NAVY ZOUK

NAVIGATION

2023



EVENT SCHEDULE

NAVY ZOUK

Tue (Aug 15)



Park Kolibki, Gdynia,
Aleja Zwycięstwa 291A

17:30 Zouk Bonfire Gathering

PRICE

Bring your own (bonfire) food, BYOD

EVENT ONLY IF IT DOES NOT RAIN! :-)

22:00

Wed (Aug 16)



Restauracja Pousada Kumaki,
Bąkowo, Wieczornych Mgieł 21

18:30 Zouk Dinner Meeting

PRICE

120 PLN/person - paid to the restaurant

Includes: Brazilian Rodizio feast, cold drinks (apple & orange juice, water), caipirinha welcome drink

22:00

Thu (Aug 17)



Hotel Błękitny Żagiel, Gdynia,
Franciszka Sędzickiego 19

13:00 Zouk Before Party

PRICE

Free for fullpasses & partypasses holders, please support the restaurant

22:00



NAVY ZOUK

EVENT SCHEDULE

Friday (Aug 18)



Main Venue

Gdynia, Rotterdamska 9

19:30

Start of Registration

20:00



Luana

Leading&Following

"The words of the truth are simple." -
Aeschylus

21:00



Wilson

Upgrade your Social
Dance Skills

"Time eases all things." - Sophocles

22:00

Zouk Party

5:00





EVENT SCHEDULE

NAVY ZOUK

Saturday (Aug 19)



Main Venue

Gdynia, Rotterdamska 9

10:00



Tatchi

Heart Dance Therapy Introduction

"Love is all we have, the only way that each can help the other." – Euripides

11:00



Bruna & Felipe

Spins in Zouk

"The greater the difficulty, the more the glory in surmounting it." – Epicurus

12:10



Bruna & Felipe

Spins in Zouk

"Success is dependent on effort." – Sophocles

13:20



Luana

Connection in Zouk

"In all things of nature, there is something of the marvelous." – Aristotle

14:30

Lunch

Free soup for All Fullpass Owners!

16:00



Eric & Anastasiia

Diversity of the Existent

"One thing I know, that I know nothing. This is the source of my wisdom." – Socrates

17:10



Wilson

Connection through Pause and Silence

"Nature does nothing uselessly." – Aristotle

18:10

22:00

Zouk Party

Ancient Gods & Goddesses Outfits



5:00



EVENT SCHEDULE

NAVY ZOUK

Sunday (Aug 20)



Main Venue

Gdynia, Rotterdamska 9

11:00



Wilson

Travelling Turns & Dynamics

"Wisdom outweighs any wealth." – Sophocles

12:10



Wilson

Circular & Linear Headmovements

"The roots of education are bitter, but the fruit is sweet." – Aristotle

13:20



Bruna & Felipe

How to Build Your Pattern

"Life is short, the art long." – Hippocrates

14:30

Lunch

Free soup for All Fullpass Owners!

15:30



Bruna & Felipe

Dive Variations

"Education is an ornament in prosperity and a refuge in adversity." – Aristotle

16:40



Luana

Hips Movements

"Well begun is half done." – Aristotle

17:50



Luana

Hips Movements

18:50

"Wait for the wisest of all counselors, time." – Pericles

22:00

Zouk Party

5:00



NAVY ZOUK

EVENT SCHEDULE

Monday (Aug 21)



Oria Magic House Restaurant,
Gdańsk, Stara Stocznia 4/1

17:00

Zouk Party

PRICE

Free for all, please support the restaurant

22:00





WHERE YOU CAN SEE THE SEA OF ZOUK

We officially announce that the Navy-Bacchanalia dance accompanying Zouk is now open! With a retinue of muses, immerse yourself in the world of dance, music, singing and lyrical poetry as well as make the primal days an inspiration for your whole life & the friendships started during the Navy Zouk remain lasting and valuable.

Our Pantheon presents extraordinary DJs, instructors and obliging event service at your disposal. We want to share the goods with you like Prometheus did share fire, so that well-being reigns during all events.

For the entire duration of our bacchanals, there are no gods and demigods, no equals and more equals. In our opinion, everyone is equal to us thanks to their knowledge, experience and skills. Poseidon promised to escort the braggarts to the borders of Hades.

Each edition of Navy brings change and each of these changes is to make your stay with us a real rest from everyday life, in a safe and friendly atmosphere of friends. We want you to be smiling, happy and joyful.

And is there anything we could change or make better for you to enjoy happiness even further? Share with us on Facebook ([event page](#)) your valuable thoughts in the form of notes, so everyone from the whole crew can know that their involvement makes sense.

OUR MISSION

When we started dancing - zouk community welcomed us very warmly.

Zouk dancers were always smiling at each other and were happy to see new people who started dancing. We would love the standards that we got to know a couple of years ago on European dance floors to be the part of our zouk culture. Schedule of our Navy Zouk festival is aimed mostly for intermediate dancers but of course, dancers of all levels are welcome!



HOW TO GET THERE FROM GDYNIA MAIN STATION

Navy Zouk 2023 takes place at **Zarząd Portu Morskiego Gdynia S.A.** at **Rotterdamska 9, Gdynia.**

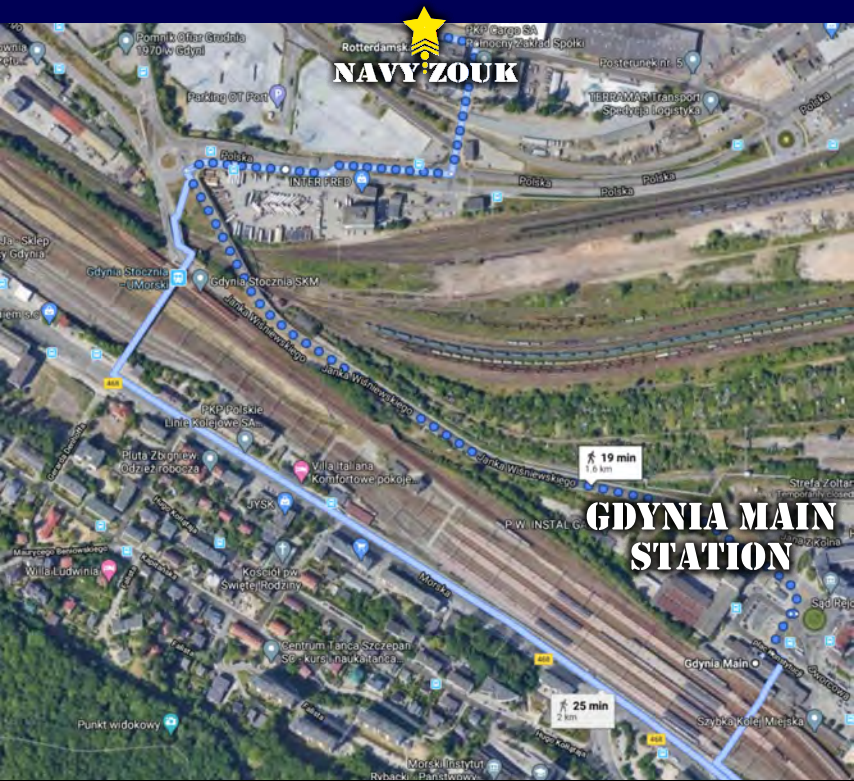
The main spot at our event is the festival office at the venue entrance. You should go directly there if you need any help with festival questions and collect your pass. We are always open for you to give you a hand or just chat a little :)

Gdynia Main Station

We will see each other on Rotterdamska 9 street in Gdynia. We can help you with navigation through the city.

There are some options to find the location:

1. on foot (around 19 min)

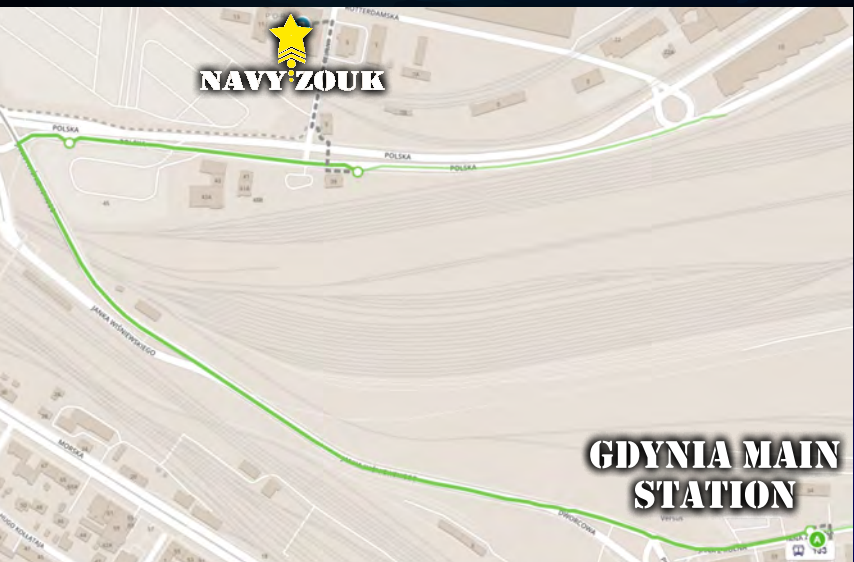




NAVY:ZOUK

HOW TO GET THERE FROM GDYNIA MAIN STATION

2. by local train (SKM) ~ 3 min - get off at Gdynia Stocznia-Univ Morski station



Train

From Gdańsk Airport passengers can get a train. Price of the ticket is 7.40PLN (normal ticket) for the regular fast train to Gdynia.

[Here](#) is a website where you can buy a ticket.

Tickets can be purchased at ticket offices and ticket machines. Be sure to validate the ticket before you enter the train.



FreeNow-Taxi App (cheapest one)



Android
App



iPhone
App

Taxi Neptun



Android
App



iPhone
App

Uber (prices may vary)



Android
App



iPhone
App

BOLT (prices may vary)



Android
App



iPhone
App



NAVY ZOUK

PUBLIC TRANSPORT IN GDYNIA

Ticket prices depend on the type of transport in Gdynia, you need to have different tickets for SKM train & different for local buses.

SKM train

Ticket prices are dependent on the number of stops you are travelling. Here is a [website](#) where you can buy a ticket.

Buses

Single-ride tickets cost usually around 5 PLN.

The most convenient ticket if you want to travel around is 72 h ticket – price is 40 PLN for buses in Gdańsk, Gdynia, Sopot & 60 PLN for buses & SKM train.

You can check most current prices for all types [here](#).

The most useful app to find your way around Tri-City public transport is [jakdojade.pl](#):

jakdojade (public transport routes)



Android
App



iPhone
App

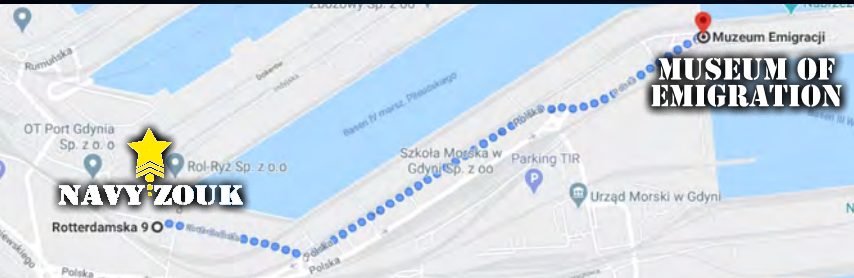


NAVY ZOUK

PLACES TO SEE IN GDYNIA

Museum of Emigration

Polska 1, (21 min walk from the venue)



Gdynia Aquarium

al. Jana Pawła II 1 (30 min public transportation ride from the venue)



Marina of Gdynia

Al. Jana Pawła II 13A (30 min public transport from the venue)





NAVY:ZOUK

PLACES TO SEE IN GDYNIA

Museum of Gdynia City

Zawiszy Czarnego 1 (30 min public transport from the venue)



Kościuszkó Square + Fountain + Seaside + Boulevard

al. Jana Pawła II 1 (30 min public transportation ride from the venue)





NAVY ZOUK

PLACES TO SEE IN GDYNIA

Kamienna Góra (Stone Mountain) with a park

(30 min public transport ride from the venue)



Nearest Beach

(30 min public transport ride from the venue)

The easiest way to get to the nearest beach is taking bus **24**. The bus journey is ca. 10 min **from Węzeł Ofiar Grudnia '70 04 stop to Wybickiego 02 stop**.





NAVY ZOUK

SHOPS, RESTAURANTS, ETC.

Shops

To find the closest shops you will need to cross the train lines and go to **Morska Street**.

You will find **Żabka, Arti** & some other small local shops.

On Sunday 20.08.2023 most shops will **NOT** be **open**.

Restaurants

Warzywina (Vegan)

10 Lutego 11, 81-366 Gdynia

Honolulu Wise food

Starowiejska 40A

Bistro & Delikatesy ATELIER SMAKU

Bytomska 36 – GLUTEN FREE

Mondo di Vinegre

Polska 1

McDonalds

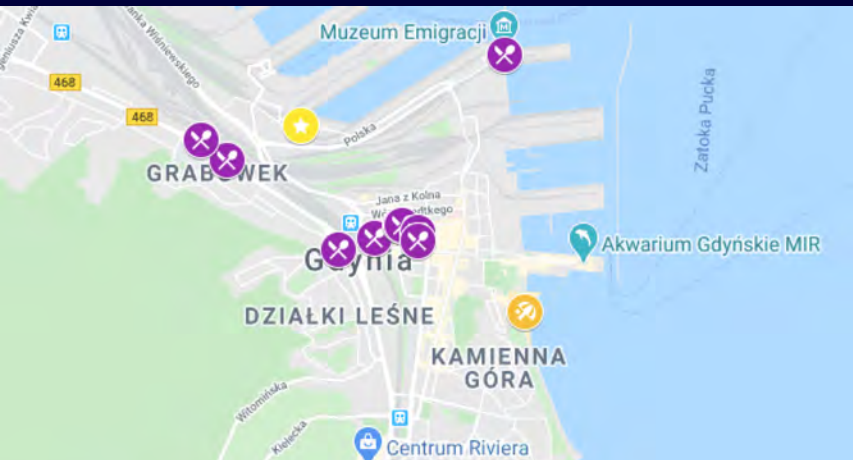
Morska 58

Trattoria "Di Strada"

Morska 42

Czerwony Piec (Pizza)

Starowiejska 40c





NAVY ZOUK

NAVY ZOUK RULES

1. It's important to smile a lot!
2. If you have any problems - ask for help!
3. Free water will be available from Friday classes till Sunday night party's end. Use your own bottle/mug instead of plastic bottles or plastic cups. Be ECO during Navy Zouk!
4. During daytime workshops we will deliver you a free hot meal to give you strength and energy to keep on dancing. You will not go hungry with us!
5. Wash your hands often and use hand sanitizers - you will find them near the festival office & around.
6. Carry your pass on your wrist all the time at the event. Without the pass, you won't be able to enter the event.

We wish you an unforgettable zouk journey!

Navy Zouk Team


NAVY ZOUK on
Linktree*